



## Green River Dance for Global Somatics™ General Student—Course Registration Form and Release Waiver

### Registration Form

- **Deadline for registration is three weeks prior to first class (\$20 fee if late registration)**  
Include a \$50 deposit (non-refundable, but applied towards your tuition)

- **Mail completed form to:**

Green River Dance for Global Somatics, Suzanne River  
10700 Lindo Trail, Lindstrom, MN 55045

- **Or FAX completed form to:** (and mail deposit to address above)

FAX 651.257.9697

- **Refund Policy Green River Dance for Global Somatics Courses**

1. You will receive a full refund minus a \$25 administration fee if you withdraw two weeks before the starting dates of the course.
2. If you withdraw in writing before the third class you will be refunded 50% off the course tuition minus a \$25 administration fee.
3. There are no refunds after the third class.

### Personal Information

Course Title \_\_\_\_\_ Dates \_\_\_\_\_

Tuition \_\_\_\_\_ Deposit \_\_\_\_\_ Balance of Tuition due first class \_\_\_\_\_

Name \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_ Zip \_\_\_\_\_

Birthdate \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Work Phone \_\_\_\_\_ Cell \_\_\_\_\_

### Person to contact in case of emergency

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_ Zip \_\_\_\_\_

Telephone Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

### Please answer the following questions. You may be brief.

1. What are your intentions for taking this course? What specifically do you hope to learn?
2. Is there anything you want us to know about you so we can support you in your learning process?

## Policies and Release Waiver

Green River Dance for Global Somatics offers an intensive educational program. Our intention is to provide the highest quality of somatic education within a safe environment for learning among all participants. Courses are sacred laboratories in the art of embodiment through movement, touch, voice, study and process. These educational and experiential classes foster the reclaiming of one's soul and spirit, as well as intelligence and emotions within the physical body. The Global Somatics™ Process can be deeply transformational and requires a mature personal identity that is willing to grow in self-realization and capable of authentic participation in creative learning. The educational experience will be fulfilling to the degree that each person is open to learning through movement, touch and voice, takes responsibility for his/her personal health and respects others.

Courses are certification level courses available to the qualified general public. This policy allows persons interested in embodiment to participate in a circle of committed professional students. The certification students have the opportunity to meet and work with a variety of individuals.

**To assure the quality of class experience, participants are expected to abide by the following guidelines. Please initial your acceptance of each guideline.**

1. \_\_\_\_\_ Is responsible for her/his self, physically, emotionally, mentally and spiritually. During class, do personal healing work only to the degree you can be present in the room and have enough support. Classes are not therapy sessions though therapeutic healing is a natural result. Pursue private sessions for deep personal processing that requires more personal attention than the class group provides. Students should have a strong network of friends, family, and perhaps therapy as they engage in this transformational work.
2. \_\_\_\_\_ Is authentic to her/his own process. Practice hearing directions as suggestions that you decide whether or not you will explore while doing your best to give to and receive from the group exploration of the material. Please dialogue with your own attractions and resistances to doing this work.
3. \_\_\_\_\_ Shows respect and gratitude for the space, the opportunity to do this work, the teachers and their lineages and fellow students.
4. \_\_\_\_\_ Gives the teacher ongoing feedback on class process, personal integration or difficulty with the material, teaching style or program. \*Certification students must be in contact every two weeks.
5. \_\_\_\_\_ Preserves the confidentiality of the class participants and the teachers.
6. \_\_\_\_\_ Participates in classes with as much trust, open- mindedness and joy as is possible. Questions, conflicts and all emotions are welcomed in class. Regression may be a part of this work as shadow parts of the self, wounds and defense strategies surface. However, pervasive negative attitudes and projections will be addressed by the director, if they affect the teacher and the safety of the group.
7. \_\_\_\_\_ Is on time for class. Informs the teacher and class if late or need to leave early. Call 651 257-8697 or cell 651 206-1917
8. \_\_\_\_\_ Arranges with another student to pick up class handouts for missed classes. \*Certification students must call immediately if they are going to miss class and must make up the missed class before the next class.
9. \_\_\_\_\_ Comes to class well groomed, as is appropriate for a professional in bodywork and movement education. Clothing should be appropriate for movement. If inappropriate, the teacher will speak with you. Do not wear a lot of jewelry or scents.

10. \_\_\_\_ Participate in clean up of the physical space by returning items used to their appropriate place and helping to arrange the space before and after class.
11. \_\_\_\_ Reviews class material during the week and come prepared to class, ready to explore and with required anatomy or reading done.
12. \_\_\_\_ Respects the copyright of all written material. You are not permitted to Xerox any material you receive or to re-write them in a manner that has the look and feel of the original material. You can request permission to copy in writing to the GRDGS office.
13. \_\_\_\_ Respects the Registered Service Mark of Body-Mind Centering®. Only students and teachers certified by the School for Body-Mind Centering have the legal right to say they teach or practice BMC professionally. You can say you are studying Global Somatics™ and that you are learning BMC principles and techniques with Suzanne River, Certified Teacher of BMC. You can describe your study in words that are meaningful for you. In your professional bios, you can say that you have studied Body- Mind Centering® Approach with Suzanne River or other certified BMC teachers/practitioners. You can say you are taking classes in Global Somatics™ or that you are a candidate for graduation. After graduation, you may call yourself a Global Somatics practitioner. You may teach Global Somatics but cannot name yourself a Certified Teacher until you complete the teacher mentorship.
14. \_\_\_\_ Understands GRDGS refund policy. Students taking single courses should refer to the registration application. Certification students refer to your financial contracts.
15. \_\_\_\_ Permits classes to be video taped, audio taped and photographed for promotional purposes, the archives of GRDGS and supervision of Global Somatics certification students. Tapes and videotapes may be for sale to course participants.
16. \_\_\_\_ Signs a release waiver agreeing to the above information.

**Additional Requirements for non-certification students:**

1. \_\_\_\_ Registration: 3 weeks prior to beginning of course, complete registration, read GRDGS Rules and Regulations have a personal interview with Suzanne River and attend a seminar to discuss the GRDGS policies and sign release waiver.
2. \_\_\_\_ Payment of tuition with deposit of \$50 and remaining balance due first class, unless prior payment plans have been arranged. There is a \$20 fee for late payments and checks with insufficient funds.

**GRDGS Release Waiver**

I, \_\_\_\_\_, want to enroll in the Body-Mind Centering® course of \_\_\_\_\_. I agree to accept the rules and regulations of Green River Dance for Global Somatics as are reasonably adopted, in writing, from time to time and agree that I will be subject to such rules and regulations. I further agree that GRDGS shall have the right to suspend me or dismiss me from the program for violation of the rules and regulations, or for behavior, which in the sole judgment of GRDGS is considered dangerous or disruptive to teachers or other students, destructive of property, or inconsistent with the academic philosophy of GRDGS.

I do not hold Suzanne River or any teacher of GRDGS responsible for injuries occurring before, after, or during class.

Signature \_\_\_\_\_ Date: \_\_\_\_\_